

<b>LEFT FOOT</b>	
Length	_____ mm
Width	_____ mm
<b>RIGHT FOOT</b>	
Length	_____ mm
Width	_____ mm

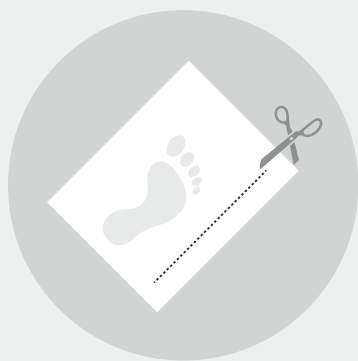


BACK OF FOOT SHOULD TOUCH THIS LINE (AT HEEL OF FOOT)

These measurements and conversions are to be used as a guide, and the footwear must be assessed individually to ensure the correct fit.

Length (mm)	Length INCHES	M&S Size	Continental Size	US size
123	4.8	4 Small	20.5	4.5
130	5.1	5 Small	21.5	5.5
138	5.4	6 Small	23	6.5
146	5.7	7 Small	24	7.5
153	6	8 Small	25.5	8.5
161	6.3	9 Small	27	9.5
169	6.7	10 Small	28	10.5
176	6.9	11 Small	29	11.5
184	7.2	12 Small	30.5	12.5
192	7.6	13 Small	32	13.5
200	7.9	1 Large	33	1.5
209	8.2	2 Large	34	2.5
217	8.5	3 Large	35.5	3.5
226	8.9	4 Large	37	4.5
234	9.2	5 Large	38	5.5
242	9.5	6 Large	39.5	6.5
251	9.9	7 Large	40.5	7.5
259	10.2	8 Large	42	8.5
267	10.5	9 Large	43	9.5

Feel more confident buying online with this step by step guide to help you correctly measure your child's feet.



**1. Print out the gauge.**

Ensuring your printer is set to 100% or 'do not scale', print out the gauge and measure against a ruler for confirmation that it has printed at the correct size.



**2. Place the chart on a hard surface.**

The back of your child's heel should be in line with the thick bottom line. For ease and best results, you may want to position the heel line against a wall.



**3. Measure both feet.**

You need to measure the maximum length of each foot. There is no need to allow any extra room, we have done that for you. Check the measurements against the chart on the previous page and choose the M&S size that best matches